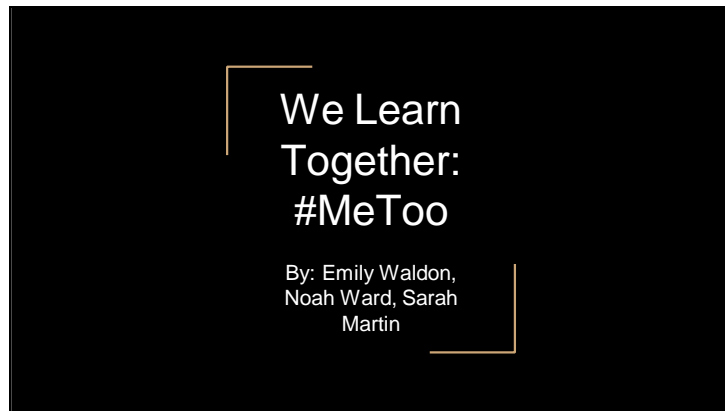


## Notes for #MeToo

Each page was created for students/audiences/viewers to take notes on the material, while viewing the presentation.

Slide 1



Slide 2



What is Sexual Assault and  
Sexual Harassment?

**Notes:**

## Sexual Assault

The term sexual assault refers to sexual contact or behavior that occurs without explicit consent of the victim. Some forms of sexual assault include:

- Attempted rape
- Fondling or unwanted sexual touching
- Forcing a victim to perform sexual acts, such as oral sex or penetrating the perpetrator's body
- Penetration of the victim's body, also known as rape

**Both men and women can become victims to sexual assault .**

### Notes/Terms:

#### **Sexual Assault -**

## Sexual Harassment

Unwelcome sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature constitute sexual harassment when this conduct explicitly or implicitly affects an individual's employment, unreasonably interferes with an individual's work performance, or creates an intimidating, hostile, or offensive work environment.

**Both men and women can become victims to sexual harassment.**

### Notes/Terms:

**Sexual Harassment -**

Slide 5



**Notes:**

## Statistics

According to RAINN, the largest anti-sexual violence organization, every 73 seconds an American is sexually assaulted.

- Over 400,000 Americans are victims of sexual assault each year (RAINN)
- 1 out of 6 American Women have been a victim of sexual assault (RAINN)
- 1 out of 33 American Men have been a victim of sexual assault (RAINN)

**Victims of sexual assault are also significantly more likely to abuse drugs.**

### Notes/Stats:

**An American is sexually assaulted almost every minute**

## Lasting Effects

Victims of sexual assault can experience lasting severe distress and effects.

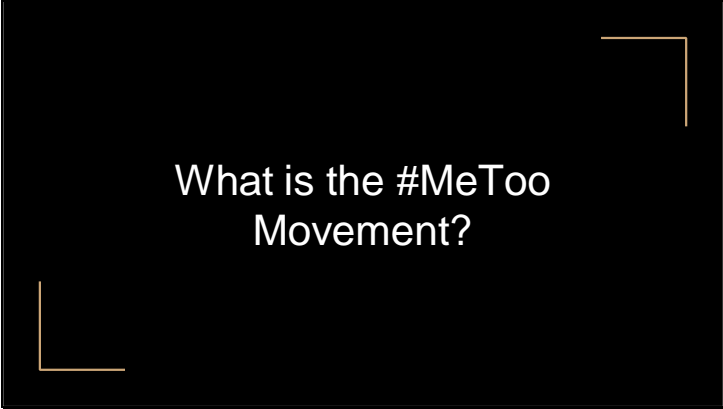
- Over 33% of women who have been raped have thought of committing suicide, and 13% have attempted suicide (RAINN)
- Victims of sexual assault are ten times more likely to abuse drugs (RAINN)
- Victims of sexual assault can greatly negatively affect their relationships with family, friends, and co-workers (RAINN)

**Victims of sexual assault are also at a significant risk of STIs and pregnancy.**

### Notes/Stats:

**Victims of sexual assault are likely to experience PTSD or other significant effects at some point in their life**

Slide 8



What is the #MeToo  
Movement?

**Notes:**



The Me Too movement is an effort to effect social change regarding sexual harassment and assault, organized primarily through social media, where it's often expressed as #MeToo. Originally founded in 2006, it became prominent both online and in the mainstream in late 2017, when several high-profile actresses opened up about their experiences with sexual harassment in the film industry.



**Notes:**

**The #MeToo Movement was actually founded before becoming prominent in 2017**

## History

The #MeToo movement has been put into the works years before it even had a name. This movement has been building up throughout our history to the movement it is today. It truly started during the women's suffrage in the mid-19th century.

"As token women in the hyper-masculine environment of the newsroom, 19th-century women journalists were well-attuned to the phenomenon we now call "sexual misconduct." Since male editors would have been reluctant to run stories that implicated fellow men (or even themselves), Michelson, Jordan, and their contemporaries found an



## Notes:

**The #MeToo Movement has been building long before being known as such**

## Beginning of the #Me Too Movement

Before the Me Too movement went viral in October 2017, activist Tarana Burke had been using the phrase for over a decade in her lifelong fight to help and protect victims of abuse. The sudden fame of the hashtag and her work caught Burke by surprise, but she's been able to use it for the goal she's been working on for over twenty years: help survivors heal and end sexual violence.

- She was inspired to pursue activism for sexual assault survivors after she was sexually assaulted as a teen and was then turned away by a local rape crisis center. They told her they only take referrals from the police station.
- At her first MeToo workshop with a group of 30 girls, she asked them to write down "me too" if they needed help. She got 20 responses.

### Notes:


Slide 12



**Notes:**

## Hollywood Dissipation

The #MeToo movement began to gain traction when Alyssa Milano shed light on her experience and invited others to do the same.



The image shows a screenshot of two tweets from Alyssa Milano (@Alyssa\_Milano) dated October 15, 2017. The top tweet, which has 62.2k replies, 39.2k retweets, and 49.8k likes, reads: "If you've been sexually harassed or assaulted write 'me too' as a reply to this tweet." Below it is a screenshot of a tweet that says "Me too." with a quote: "Suggested by a friend: 'If all the women who have been sexually harassed or assaulted wrote 'Me too.' as a status, we might give people a sense of the magnitude of the problem.'" The bottom tweet, which has 1.3k replies, 907 retweets, and 5.2k likes, simply says "Me too."

**Notes:**

**Alyssa Milano is a major figure who led to the movement taking off in 2017**

## Dr. Christine Blasey

When Dr. Christine Blasey Ford decided to speak out against Brett Kavanaugh having previously sexually assaulted her, it drew attention to the #MeToo and #BelieveWomen movements. When she testified in court, the hashtag #WhyDidntIReport began trending on Twitter, as other survivors of sexual assault drew inspiration from the professor and sexual assault survivor.



### Notes:

## #BelieveSurvivors

- What is #BelieveSurvivors? It stems from #MeToo and #BelieveAllWomen, but is more inclusive in essence.
- Tarana Burke has been seen using this hashtag as opposed to others in recent events such as Dr. Christine Blasey Ford's case against Brett Kavanaugh.



### Notes/Terms:

**Other terms and movements have resulted from the #MeToo Movement**

## #WhyIDidntReport

- Grew in popularity as a result of Ford V. Kavanaugh
- Inclusive in nature
- People use this hashtag to describe the circumstances which led them to delay or completely avoid speaking out about the sexual trauma they have experienced. Reasons range from shame to fear of rejection.
- Hollywood can relate

### Notes/Terms:

**Another term/hashtag that was used alongside the #MeToo Movement**



## Harvey Weinstein

- Many women in Hollywood who had worked with Harvey Weinstein started to come forward as a result of #MeToo and #WhyIDidntReport, claiming sexual misconduct from Weinstein
- Weinstein issued an apology, was fired from his company, was left by his wife, was expelled from the Oscars, and finally arrested and sentenced to 23 years.
- His victims include Cara Delevingne, Angelina Jolie, Gwyneth Paltrow,



## Notes:

## Video Game Scandals

A new wave of sexual assault and misconduct allegations have led to gaming and social media companies to respond and look into these allegations. Twitch is one of the notable companies to have responded, banning multiple streamers who were alleged to commit sexual abuse and assault. Many major gaming companies, such as Riot (creator of League of Legends) and Ubisoft (Creator of the Assassin Creed Series) have also had employees allege to have suffered from sexual



### Notes/Terms:

**A new wave of similar movements, along with the #MeToo Movement are showing up in other industries, such as the video game industries.**

## Believe All Women or Don't Believe All Women?

- In 2017, as the hashtag #MeToo rose in popularity, another slogan rose along with it: "Believe women." It had been used before — there are several references from 2016 — but it was really Harvey Weinstein's downfall that put the phrase in the popular lexicon.
- Believe Women changed to Believe All Women.
- Its original meaning is being retroactively altered, amid discussions of Tara Reade's sexual assault allegation against Joe Biden, to "Believe *all* women." And that extra word is a weapon.



### Notes/Terms:

## Lasting Words

- While the #MeToo Movement took off in Hollywood, sexual assault and harassment can happen to anyone.
- Sexual assault and harassment can also take many different forms, but it is never the victim's fault.
- Victims of sexual assault are more likely to abuse drugs, as well as experiencing lasting distress.

### Notes:

**Sexual Assault and Harassment are significant issues in the U.S. and these movements are showing how prominent it truly is**

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